

July 2011 — WILMAPCO DATA REPORT #11 Age-Restricted Communities Transit and Sidewalk Analysis

Overview of Project

This data report evaluates public transit and sidewalk accessibility of age-restricted communities in Cecil County, Maryland and New Castle County, Delaware. The age-restricted communities considered include existing and planned "active-living" developments collected from county land use departments and internet databases. Each location is assessed for potential improvements to DART and Cecil County Community Transit's fixed-route public transit systems and sidewalk/pedestrian accessibility. Transit access is assessed based on the distance between the communities and existing bus service. Sidewalk accessibility is analyzed using the existing sidewalk network and air photos. The report identifies age-restricted communities where improvements are possible, and draws some overall conclusions.

Existing and Planned Communities without Fixed–Route Transit Access

The map shows existing and planned adult communities in our region that fall outside walking distance (1/4 mile) to a bus stop. In total, over half (53%) lacked public transit access in 2009.





Age-Restricted Communities

General Issues

- ^o More seniors buying homes in age-restricted communities.
- Developers have been careless about where they locate these types of communities.
- ° Typical locations of age-restricted communities:
 - Sprawling fringe
 - Away from town and city services
 - Disconnected from public transit networks
- Seniors without transportation options are at-risk of a loss of independence, social isolation, and the ability to "age in place".

THE VILLAGE OF TWIN LAKES, Newark, DE



Source: Cornell Homes

Transit Mobility

- ° Transit mobility is key for seniors with limited transportation options.
- ° A reasonable walking distance from place of residence to a transit stop is about a quarter mile.
- ^o Communities that do not have transit service within the quarter mile buffer may be unable to provide sufficient transit mobility to its residents.

Pedestrian Accessibility

- ^o Pedestrian accessibility is vital to fostering community interaction, independence, and physical fitness in age-restricted communities.
- ^o Sidewalk networks both within the community as well as connecting to adjacent neighborhoods and surrounding activities can increase walkability.
- ^o Short-term and long-term improvements in sidewalk connections can encourage walking.







Figure 2- Existing and Planned Age-Restricted Communities in the WILMAPCO Region

Fox Ridge Manor

Little Falls Village

Forwood School Retirement and Off. Campus

61

62

63

19

20

21

Lowes Assisted Living Homes I

Lowes Assisted Living Homes II

McKinley Apartments

40

41

42

Village of Jester Crossing

Village of Llangollen

Village of Long Creek

Whitechapel Village

Woodlea

82

83



Transit Analysis

In order to investigate the likelihood of adding transit service to communities outside of a reasonable walking distance to bus stops the following methodology was used:

- 1. A quarter mile buffer was applied based on a reasonable walking distance to access a transit stop. The communities that fall within this buffer are noted as "connection exists".
- 2. For communities that fall outside of the buffer the following steps were followed:

A. Does a transit line run directly next to the community? If YES, then a "short-term" connection is possible. If NO, then see question B.

B. Is a transit line within one mile (following the road network) to the community? If YES, then a "long-term connection" is possible. If NO, then the addition of a connection is "unlikely".

Using this methodology there are four levels of connectivity:

- ° Connection Exists
- ° Short-Term Possibility
- Long-Term Possibility
- ° Unlikely/Difficult



Figure 3– Results of the Transit Analysis for Cecil County, Maryland





Figure 4– Results of the Transit Analysis for New Castle County, Delaware

*Fountainview Apartments (13) and Saw Mill Place (30) are served by Unicity, a local limited-service route in Newark.

Transit Analysis Summary

The table below lists the results from the transit analysis. The communities are listed based on their status (existing or planned) and connection to a transit stop from "connection exists" to "unlikely/difficult" as described below:

- ° Connection Exists
- ° Short-Term Possibility- Transit line runs next to community
- ° Long-Term Possibility-Transit line is within one mile of road network
- ° Unlikely/Difficult- Transit line is not within one mile of road network

Existing communities are listed in black, while planned ones appear in gray.

Table 1– Summary of Transit	Analysis Results for New Castle	County and Cecil County
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New Castle County		Cecil County		
Connection Exists	Short-Term Possibility	Connection Exists	Unlikely/Difficult	
Alterra/Alternative Living Services East (48)	Fountainview Apartments (13)	Chesapeake Elderly Apartments (52)	Canal Town Village (6)	
Bradford Pond (70)	Milltown Village (25)	Elk Chase Apartments (58)	Fairview (12)	
Carillon Crossing (71)	Saw Mill Place (30)	Elk River Manor (59)	McKinley Apartments (21)	
Churchmans Meadows (53)	Steeple Glen (35)	Elkton Housing (60)	AllCare Assisted Living (2)	
Cloutier Court (54)	Long-Term Possibility	Fox Ridge Manor (62)	Booth II (4)	
Cokesbury Village (55)	Longmeadow (18)	Richmond Hill Manor (68)	Caraway Manor at Brownfield (8)	
Columbia Place (56)	Meridian Crossing (22)	Victoria Park at North East (76)	Covenant Care (9)	
Crossings at Christiana (57)	Millcroft Senior Living (24)	Villas at Whitehall (81)	D & G Home Care I (10)	
Forwood School Retirement and Off. Campus (61)	Springer Woods (33)	Abbey Manor I (45)	D & G Home Care II (11)	
Little Falls Village (63)	Stonevale (36)	Abbey Manor II (46)	Golden Legends (14)	
Little Falls Village II (64)	Traditions at Southridge (39)	AllCare Assisted Living at Perryville (47)	Hill Top Manor (15)	
Methodist Country House (65)	Village of Llangollen (41)	Cecil Woods (51)	Jeanette Weber Home (16)	
Phillips Mill (66)	Village of Long Creek (42)	Long-Term Possibility	Liberty Gardens (17)	
Pike Creek Nursing Home and Medical Bldgs (67)	Vista at Red Lion (44)	Caraway Manor (7)	Lowes Assisted Living Homes I (19)	
Salem Church Road Senior Housing (69)	Unlikely/Difficult		Lowes Assisted Living Homes II (20)	
Shuman Property Housing (70)	3712 Newport Gap Pike (27)		Montrose Senior Living (26)	
Spring Arbor (71)	Adare Village (1)		Singerly Manor (32)	
Stonegates (72)	Bayberry South (3)		Sunny Acres Bay (37)	
Sunrise Assisted Living of Wilmington (73)	Briarcreek (5)			
Traditions at Christiana (74)	Methodist Country House-Phase 4 (23)	LEGEND		
Twin Lakes (75)	Odessa National (28)	LEGEND		
Village of Branywine (77)	Paper Mill Falls (29)	Existing Communities		
Village of Fox Meadow (78)	Silver Maple Farm(31)	Planned Communities		
Village of Hershey Run (79)	Springmill (34)	Planned Communities		
Village of Rocky Run (80)	Sunrise of Hockessin (38)			
Whitechapel Village (82)	Village of Jester Crossing (40)			
Woodlea (83)	Village of Red Lion Creek (43)			



Sidewalk Analysis

In order to investigate how well the communities are served by the existing sidewalk network, the following methodology was used:

- 1. Based on a review of the air photos, sidewalk, and parcel layers, does the community already appear to have good sidewalk connections to surrounding activities (parks, commercial, etc.)? If YES, then no improvement needed and is noted as "Good". If NO, see question 2.
- Does the community appear to have acceptable connections, but is missing some segment of sidewalk that would connect it to surrounding uses? If YES, this is a "Short-Term Possibility". If NO, go to question 3.
- 3. Does the community appear to have poor sidewalk connections but is located near activities served by a decent sidewalk network? If YES, this is a "Long-Term Possibility". If NO, then sidewalk connections are "Unlikely/Difficult" to be developed.

Using this methodology there are four levels of connectivity:

- Connection Exists
- Short-Term Possibility
- ^o Long-Term Possibility
- ° Unlikely/Difficult



Figure 5- Results of the Sidewalk Analysis for Cecil County, Maryland

Sidewalk Analysis, Continued



Figure 6- Results of Sidewalk Analysis for New Castle County, Delaware

Sidewalk Analysis Summary

Table 2 displays the results from the sidewalk analysis. The communities are listed based on their status (existing or planned) and connection to sidewalks from "connection exists" to "unlikely/difficult" as described below:

- Connection Exists-Community has good sidewalk connections to surrounding uses (parks, commercial, etc.)
- ° Short-Term Possibility– Community has some sidewalk connections but is missing some segments.
- ^o Long-Term Possibility-Community has poor sidewalk connections but is located near activities served by a decent sidewalk network.
- ° Unlikely/Difficult– Community is isolated from surrounding activities.

Existing communities are listed in black, while planned ones appear in gray.

Table 2- Summary of	Sidewalk Analysis	Results for New	Castle County an	d Cecil County
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New Castle County		Cecil County	
Connection Exists	Unlikely/Difficult	Connection Exists	Unlikely/Difficult
Pike Creek Nursing Home and Medical Buildings (67)	3712 Newport Gap Pike (27)	AllCare Assisted Living at Perryville (47)	AllCare Assisted Living (2)
Saw Mill Place (30)	Adare Village (1)	Elkton Housing (60)	Booth II (4)
Whitechapel Village (82)	Bayberry South (3)	Lowes Assisted Living Homes I (19)	Covenant Care (9)
Short-Term Possibility	Briarcreek (5)	Lowes Assisted Living Homes II (20)	D & G Home Care I (10)
Alterra/Alternative Living Services East (48)	Cokesbury Village (55)	Victoria Park at North East (76)	D & G Home Care II (11)
Cloutier Court (54)	Crossings at Christiana (57)	Short-Term Possibility	Golden Legends (14)
Columbia Place (56)	Little Falls Village (63)	Elk River Manor (59)	Hill Top Manor (15)
Fountainview Apartments (13)	Little Falls Village II (64)	Richmond Hill Manor (68)	Jeanette Weber Home (16)
Traditions at Christiana (74)	Meridian Crossing (22)	McKinley Apartments (21)	Liberty Gardens (17)
Village of Rocky Run (80)	Methodist Country House (65)	Long-Term Possibility	Montrose Senior Living (26)
Long-Term Possibility	Methodist Country House-Phase 4 (23)	Chesapeake Elderly Apartments (52)	Singerly Manor (32)
Bradford Pond (49)	Millcroft Senior Living (24)	Abbey Manor I (45)	
Carillon Crossing (50)	Odessa National (28)	Abbey Manor II (46)	
Churchmans Meadows (53)	Phillips Mill (66)	Canal Town Village (6)	
Forwood School Retirement and Off. Campus (61)	Silver Maple Farm (31)	Caraway Manor (7)	
Longmeadow (18)	Spring Arbor (71)	Caraway Manor at Brownfield (8)	
Milltown Village (25)	Springer Woods (33)	Cecil Woods (51)	
Paper Mill Falls (29)	Steeple Glen (35)	Elk Chase Apartments (58)	
Salem Church Road Senior Housing (69)	Stonevale (36)	Fairview (12)	
Shuman Property Housing (70)	Sunrise Assisted Living of Wilmington (73)	Fox Ridge Manor (62)	
Springmill (34)	Sunrise of Hockessin (38)	Sunny Acres Bay (37)	
Stonegates (72)	Traditions at Southridge (39)	Villas at Whitehall (81)	
Village of Branywine (77)	Twin Lakes (75)		
Village of Fox Meadow (78)	Village of Jester Crossing (40)	LEGEND	
Village of Hershey Run (79)	Village of Llangollen (41)	Existing Communities Planned Communities	
Village of Long Creek (42)	Vista at Red Lion (44)		
Village of Red Lion Creek (43)	Woodlea (83)		



Analysis Summary

Transit Accessibility

- A connection exists for 47% of the existing and planned communities within the region. This leaves 53% outside of the buffer.
- Five percent of the existing communities have the possibility for a short-term connection.
- Twelve percent of the communities have the possibility for a long-term connection.
- A transit connection would be unlikely/difficult for 37% of communities currently without service.



Figure 7– Transit Analysis Summary by Connection Level

Sidewalk Accessibility

- A connection exists for 9% of the existing and planned communities in the region.
- Ten percent of the communities have the possibility for a shortterm connection.
- Thirty-four percent of the communities have a possibility for a long-term connection.
- Having a meaningful sidewalk connection to an existing, relevant use would be unlikely/ difficult for 46% of agerestricted communities.



Figure 8– Sidewalk Analysis Summary by Connection Level



Overall Observations

Planned Communities

- Planned communities are those currently either in the design phase or in the preliminary review process.
- Evaluating these communities is beneficial in terms of the ability to address transit and sidewalk connections prior to development.
- Currently there are two communities that have the possibility for a short-term connection and six for a long-term connection.
- Efforts should be focused on these eight communities for a possible connection prior to development.



Figure 9- Planned Communities Connection to Transit and Sidewalk Access

Addressing the Issues

- ^o Developers appear to be focused on building in areas where it is cost efficient, rather than focusing on developing a community that is transit accessible and walkable. As a result, the location of agerestricted communities can hinder a resident's independence and ability to stay active.
- ^o Currently less than half of the age-restricted communities in the WILMAPCO region have a transit connection. Efforts to address the 17% that have the possibility for a short-term or long-term connection should a priority, particularly for the planned communities.



The majority of age-restricted communities lack decent access to sidewalk connections. Currently, 48% of the communities analyzed have the potential for a short-term or long-term sidewalk connection. These possible connections can improve walkability, health, well-being, and the environment.

⁹ Overall, developers should avoid developing age-restricted communities in areas that are disconnected from public transit networks or lack pedestrian connections to promote mobility for seniors. Restrictions and/ or incentives should be explored to accomplish this.

Source: Federal Transit Administration

July 2011- WILMAPCO DATA REPORT #11: Age-Restricted Communities

The Wilmington Area Planning Council (WILMAPCO) is a Metropolitan Planning Organization serving New Castle County, DE and Cecil County, MD. Our mission is to serve the residents of our region by creating the best possible transportation plan. This series of data reports summarizes key data to allow both residents and decision-makers to better understand changes within our region. This document was created by the WILMAPCO staff. For more information on this and other data reports, please visit our website at: www.wilmapco.org/data.



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Other WILMAPCO Data Reports

Report #1: Regional Population Changes 1980-2000, September 2004

Report #2: Changes in Regional Population & Household Characteristics 1980-2000, December 2004

Report #3: Analysis of Commuter Flows to and from the WILMAPCO Region 1990-2000, July 2005 Report # 4: Regional Population Changes: 2000-2030, January 2006 (updated May 2007)

Report #5: Employment: 1990-2004, July 2006

Report #6: Crash Data: 2000-2006, September 2008

Report #7: Travel Times: 2000-2007, December 2008

Report #8: Transit Trends: 2000-2007, July 2009

Report #9: Travel Patterns (DelDOT Household Survey), July 2009

Report # 10: Dirty Roads: Highway Traffic Emissions in New Castle County, Delaware, June 2010